

ORAL HYGIENE DAY (T.S. BALAIAH MATRICULATION SECONDARY SCHOOL NEDUNGUNDRAM)

The Department of Periodontics, Tagore Dental College celebrated Oral Hygiene Day on Tuesday, 31.7.18 under the guidance of Dr. Chitraa R Chandran, Principal and Head (Periodontics), Tagore Dental College. The event was focused on creating dental awareness among primary and secondary school students and educating them on proper oral hygiene maintenance.

Oral health awareness programme

The Department of Periodontics, Tagore Dental College organized an awareness programme on oral hygiene for students from Class I and VIII of T.S. Balaiah Matriculation Secondary School, Nedungundram. The team consisted of Dr. Chitraa R Chandran, Dr. B.Bhuvaneshwari, Dr. T. Parthasaradhi, Dr. Juala Catherine, Dr. Vignesh Vikram and interns Ms. Swetha, Mr. Syed Ajmal, Ms. Tamilpozhil, Mr. Tamilmani, Ms. Uma Bharathi, Mr. Varun, Ms. Aneesha Banu and Ms. Akshaya Devi.

food which are good and bad for the teeth. Drawing competition was conducted for the students from Class VI to VIII under the topic – “Healthy Smile...Beautiful Me”.

All students were assembled in the school auditorium for an interactive session with Dr. B. Bhuvaneshwari, Reader, Department of Periodontics, regarding oral hygiene practices and various techniques of caries prevention. This was followed by educational and motivational videos regarding caries onset and how to identify the signs to visit a dentist. The interns performed a skit illustrating the effect of dental neglect on our teeth and leading to caries and they completed the skit by giving oral hygiene instructions for all the children. Around 240 students were benefitted out of this programme.

Prize winners of the drawing and colouring competitions were rewarded with a special gift and oral hygiene aids to appreciate their artistic efforts. Sketch pens were distributed to all primary school students to motivate them further in maintaining proper oral hygiene and the school faculty were provided with oral hygiene aids as a mark of appreciation for the arrangements and cooperation through out the program.

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